

Headwaters 100 is the premier event of the Itascatur Outdoor Activity Club. Every year we have hundreds of cyclists from all over North America join us in beautiful Park Rapids, MN to tour the spectacular fall colors. Register today!



**More info: www.itascatur.org
Register:
www.bikereg.com/headwaters100**

Featuring three (3) ride options (42, 75, and 100 miles) on well-marked rides through Wilderness Drive in Itasca State Park, Lake George, Emmaville, and the Heartland Trail through Nevis and Dorset. All rides begin and end at the Century School in Park Rapids.

