

Celebrating over 40 years of Headwaters 100 Bike Rides!

"A scenic northern Minnesota bike ride: I wouldn't miss it!"

- Multi-year participant

HEADWATERS 100 BIKE EVENT

SATURDAY

SEPTEMBER 24



Register today:

www.bikereg.com/headwaters100

for more information visit:

www.itascatur.org

Three routes:

42, 75 or 100 miles

All rides begin and end at

Century School

501 Helten Ave, Park Rapids

